favor ellis

MA, CH, LMT

profile

Intuitive massage therapist, full spectrum doula, chaplain, counselor, and coach committed to holistic wellness, radical inclusion, body positivity, and transformative relationship. Twenty-five years' experience navigating dynamics of organizational, personal, and interpersonal change, growth, and healing with compassion, vision, and grace. Seeking opportunities to thrive in a nurturing and therapeutic setting in support of the health of our communities.

recent experience

Founder, Therapist	Touchstone Sanctuary
2017-present	Santa Fe, NM
Massage Therapist	Inn & Spa at Loretto
2019-present	Santa Fe, NM
Teaching Assistant	Santa Fe School of Massage
2019-present	Santa Fe, NM
Dean of Community	Sterling College
2012-2018	Craftsbury Common, VT
Director	Sexual & Gender Minority Youth Resource Center
2008-2011	Portland, OR

education & affiliations

- LMT - Santa Fe School of Massage
- Master of Arts - Goddard College
- Chaplain & Celebrant - Humanist Society
- Birth Doula - Doulas of North America
- Reiki Level Two
- Certified Prenatal Massage Therapist
- Member, AMTA

healing qualities

- Intuitive
- Grounded
- Compassionate
- Welcoming
- Empathetic
- Resilient
- Nurturing
- Flexible
- Curious
- Responsive
- Radically Inclusive
- Integrous

modalities

- Nurturing Therapeutic / Swedish Massage
- Myofascial Release
- Subtle Energies
- Integrated Deep Tissue Massage
- Pre- and Post-Natal Massage

areas of expertise

- Equity and inclusion training, sensitivity, and practice
- Wellness, sexuality, and holistic community & self care education
- LGBTQ and gender-expansive bodies and communities
- Deep listening and compassionate communication
- Cultivation of therapeutic boundaries
- Trauma-informed care, healing-centered engagement, conflict transformation, crisis counseling, life & wellness coaching

contact

Favor Ellis, MA, CH, LMT #9207

Santa Fe, New Mexico
505-393-5193
favor.ellis@gmail.com
touchstonespace.com